



## **Park and Recreation Month Proclamation**

**Whereas**, parks and recreation programs are an integral part of communities throughout this country, including the Town of Erie; and

**Whereas**, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

**Whereas**, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

**Whereas**, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools, and many other activities designed to promote active lifestyles; and

**Whereas**, parks and recreation is a leading provider of healthy meals, nutrition services, and education; and

**Whereas**, park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

**Whereas**, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

**Whereas**, parks and recreation is fundamental to the environmental well-being of our community; and

**Whereas**, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

**Whereas**, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

**Whereas,** the U.S. House of Representatives has designated July as Parks and Recreation Month; and

**Whereas,** the Town of Erie recognizes the benefits derived from parks and recreation.

**Now, therefore,** the Town Council of the Town of Erie does hereby proclaim July 1-31, 2026 to be Park and Recreation Month in the Town of Erie.

**Dated this 23<sup>rd</sup> day of June, 2026**

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Andrew J. Moore, Mayor

Attest:

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Debbie Stamp, Town Clerk