Sister Carmen

A Family Resource Center serving Eastern Boulder County and the Town of Erie

Our mission is to assist residents who are in need, without discrimination.

SCCC Program Areas

- Nutrition and Healthy Living
 - Food Bank
 - Organic Garden
 - Nutrition and Exercise Classes
 - Serve 30-80 households per day in food bank
 - Folks can come up to once per week
 - Amount of food received depends on household size
 - Need in Erie has been increasing
 - Distributed just under 31,000 lbs. to Erie residents in 20-21
 - Distributed almost 51,000 in 21-22



SCCC Program Areas

- Advocacy
 - 7 Bilingual Advocates meet one on one (in person or over phone) with families to determine supports needed
 - English, Spanish, Arabic, Hmong available
 - Financial assistance is biggest request, last year over \$41,000 provided to residents of Erie
 - For comparison, before COVID we would typically get \$5000-8000 per year in requests from Erie
 - Rent, electric bills, gas cards, water bills, phone bills, bus passes
 - We also work with folks to meet their self-identified goals (i.e. finding childcare, going back to school, writing a resume, applying for benefits, etc.)



SCCC Program Areas

- Community and Family Education
 - Bridging Digital Divide provides internet and computer literacy classes in English or Spanish
 - Nurturing Parenting and Active Parenting classes give parents the skills, confidence, and support they need
 - Circle of Parents parent-led support group for parents who have struggled with alcohol or substance abuse
 - Family Leadership Training Institute- gives parents the skills and confidence needed to advocate for their families (i.e. at city council, school board, etc..)
 - Offer free child care during all of our activities so that parents can attend worry free
 - SCCC is also the training hub for family resource centers and other social service agencies in this region, offering a variety of professional development courses

