



## **Mental Health Awareness Month Proclamation**

**Whereas,** the Town of Erie recognizes mental health is essential to everyone's overall health and well-being as all people experience times of difficulty and stress in their lives; and

**Whereas,** the Town of Erie understands mental health conditions are real and prevalent in our community and prevention is an effective way to reduce the burden of mental health conditions; and

**Whereas,** there is a strong body of research which supports specific tools all people can use to better handle challenges, and protect their health and well-being with early and effective treatment, and those individuals with mental health conditions can recover and lead full, productive lives; and

**Whereas,** each business, school, government agency, healthcare provider, organization and community member shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

**Now, therefore,** I, Andrew J. Moore, Mayor of The Town of Erie, do hereby proclaim May 2025 to be Mental Health Awareness Month. I urge every community member to commit to increasing awareness and understanding of mental health, the steps our community members can take to protect their mental health, and the need for appropriate and accessible services for all people.

**Dated this 22<sup>nd</sup> day of April, 2025**

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**Andrew J. Moore, Mayor**

**Attest:**

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**Debbie Stamp, Town Clerk**