



## **Park and Recreation Month Proclamation**

**Whereas**, parks and recreation programs are an integral part of communities throughout this country; and

**Whereas**, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

**Whereas**, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

**Whereas**, parks and natural recreation areas are fundamental to the environmental well-being of our community, improve water quality, protect groundwater, prevent flooding, improve the quality of the air we breathe, provide vegetation buffers to development, produce habitat for wildlife, and ensure the ecological beauty of our community while providing a place for children and adults to connect with nature; and

**Whereas**, parks and recreation encourages physical activities by providing space for popular sports, trails, swimming pools and many other activities designed to promote active lifestyles and is fundamental to the environmental well-being of our community; and

**Whereas**, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

**Whereas**, the Town of Erie recognizes the benefits derived from parks and recreation.

**Now, therefore**, we, the Erie Town Council, do hereby proclaim July 2025 to be Park and Recreation Month in the Town of Erie.

**Dated this 24<sup>th</sup> day of June, 2025**

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Andrew J. Moore, Mayor

Attest:

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Debbie Stamp, Deputy Town Clerk